

## Why Join TOTAL?

**Reasons you and your friends should be here for TOTAL –  
to sign up and be a part of:**

- ★ Music night                      ★ Ski weekend at Okemo
- ★ Helping at the St. Jerome Festival at Cranbury Park
- ★ Apple-picking trip to Bishop's Orchards in Branford
- ★ Emmaus retreat for Juniors and Seniors
- ★ Optional winter retreat at St. Birgitta's
- ★ Movie nights      ★ Game nights      ★ Relay for life
- ★ Habitat for Humanity      ★ AmeriCares Homefront
- ★ Breast Cancer Awareness Walk
- ★ Memory Walk for Alzheimer's
- ★ Friendship              ★ Skits              ★ Bible Study
- ★ Lector training      ★ Christmas gift-giving
- ★ Christmas caroling      ★ Advent activities
- ★ Question & Answer Night with Fr. David      ★ Holy Jeopardy
- ★ Guest speakers      ★ Party for our parents      ★ Heart Walk
- ★ World Youth Day, October
- ★ Praying always      ★ Faith talks by one another
- ★ Meet the TOTAL Team, Youth Board, and  
                teens from many different high schools
- ★ Explore a variety of topics, like friendship, **STRESS**, peer pressure,  
alcohol and drug issues, forgiveness, **depression**, **anger**, caring for the  
environment, communication, conflict resolution, dating and sexuality,  
**expanding our image of God**, and always, deepening our faith.

**Make TOTAL total by joining us on Opening Night!**