

Why Join TOTAL?

**Reasons you and your friends should be here for TOTAL –
to sign up and be a part of:**

- ★ Music night ★ Ski weekend at Okemo
- ★ Helping at the St. Jerome Festival at Cranbury Park
- ★ Apple-picking trip to Bishop's Orchards in Branford
- ★ Emmaus retreat for Juniors and Seniors
- ★ Optional winter retreat at St. Birgitta's
- ★ Movie nights ★ Game nights ★ Relay for life
- ★ Habitat for Humanity ★ AmeriCares Homefront
- ★ Breast Cancer Awareness Walk
- ★ Memory Walk for Alzheimer's
- ★ Friendship ★ Skits ★ Bible Study
- ★ Lector training ★ Christmas gift-giving
- ★ Christmas caroling ★ Advent activities
- ★ Question & Answer Night with Fr. David ★ Holy Jeopardy
- ★ Guest speakers ★ Party for our parents ★ Heart Walk
- ★ World Youth Day, October
- ★ Praying always ★ Faith talks by one another
- ★ Meet the TOTAL Team, Youth Board, and
 teens from many different high schools
- ★ Explore a variety of topics, like friendship, **STRESS**, peer pressure,
alcohol and drug issues, forgiveness, **depression**, **anger**, caring for the
environment, communication, conflict resolution, dating and sexuality,
expanding our image of God, and always, deepening our faith.

Make TOTAL total by joining us on Opening Night!