

FAITHFUL SAVING OUR EARTH "GOING GREEN" RECYCLE



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TIPS TO CONSERVE GAS

Check Tire pressure

monthly: Under inflation can cost 2-3 MPG and reduce tire life. Pick up a handy tire gage at an auto parts store.

Idling reduces mileage:

30-45 seconds is sufficient. Your car engine warms up faster driving than sitting.

Avoid pedal to the

metal: Quick starts are a big gas guzzler.

Pretend there's an egg under your gas pedal. Visit this website: gasmileagebible.com

DID YOU KNOW?

On average, 75% of electricity used to power home electronics is consumed while the appliances are turned off.

What can we do?

Unplug items like cell phone chargers, hairdryers, coffee makers when not in use.

Remember the 3 R'S?



New Meaning: Reuse-Reduce-Recycle

When we were growing up the 3 R's meant **Reading, wRiting & aRithmetic**. As we switch our focus to creating a sustainable Earth, that phase has transitioned into **Reuse, Reduce & Recycle**. With this 1st issue of our newsletter, we hope to convey ideas on how we can actively adapt our behaviors to reduce global warming.

Reduce solid waste by Reusing your own mugs & water bottles when away from home, instead of disposable ones. Check

with your coffee shop to see if they will fill your mug. It will save them money on supplies.

Reduce energy costs:

Turn off your computer at work or home nightly. Program it to sleep mode. This saves about 1/4 of energy it would normally consume according to the Berkeley Lab. Free PC software available at co2saver.snap.com will put your computer to sleep when needed and tell you how much energy is saved. Research has shown computers less

than 10 years old will last longer if you simply turn them off. The heat they generate even in sleep mode is one of the main reasons they break down.

Recycle your disposables:

Each week Norwalk has a recycling collection, along with your regular pick up day for newspapers, bottles, cans, and cardboard. Bonus idea is to donate your cans & bottles to Norwalk High Marching Band can & bottle collection at Andrews Field on 2nd Sat. of each month.

More garbage ideas

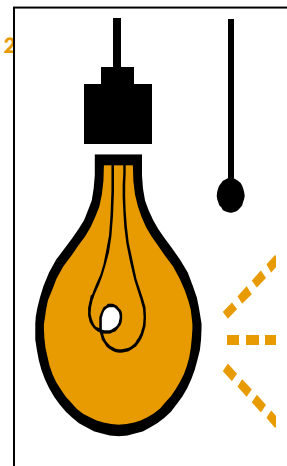
ELECTRONICS: Technology has revolutionized our lifestyle through telephones, radios, TV's computers & cell phones. The brisk pace of technology means these devices quickly become obsolete.

How should we dispose of these old electronics?

Visit earth911.org for more detailed information on recycling options for batteries, TV's, computers and household items.

Old cell phones in good working order, with battery and charger can be placed in marked box in our church hallway. We will deliver to Norwalk Women's Domestic Crisis Center for emergency use only.





MORE BRIGHT IDEAS...

Recycle

Every ton of recycled paper saves 17 forty foot Douglas Fir trees.

Up to 90% of recycled glass can be reused to make new glass items, such as bottles & jars.

Every glass bottle recycled saves enough energy for a 100 watt light bulb to be lit for 4 hours.

Americans throw away enough aluminum to rebuild the entire commercial airline fleet every six months.

Recycling one aluminum can saves enough energy to run your TV for 3 hours.

Thirty-six recycled bottles can make one square yard of carpet.

130 billion beverage containers are sent to US landfills each year.

Recycling a 1-gallon plastic milk jug will save enough energy to keep a 100-watt bulb burning for 11 hours.

REUSE

Got plastic bags?

How bout giving them to St. Jerome Social Concerns?

There is a marked collection box in the church hall. Drop them inside. We'll take them to the Christian Community Action Food Pantry for

REUSE.

"With every activity of our daily lives, we connect with the interdependent web of life on Earth. The health of our environment is a reflection of the choices we make."

REDUCE

Take shorter showers.

One way to cut down on water use is to turn off the shower after soaping up, then turn it back on to rinse. A four-minute shower uses approximately 20 to 40 gallons of water.

Turn off the water after you wet your toothbrush.

No need to keep the water running while brushing your teeth. Just wet your brush and fill a glass for mouth rinsing.

Rinse your razor in the sink.

Fill the sink with a few inches of warm water. This will rinse your razor just as well as running water, with far less waste of water.



TIPS:

Cleaning out your dryer lint filter will:

- save up to 30% of the energy needed to dry your clothes
- save up to \$40 per year in energy costs
- reduce the risk of fire

Washing your clothes with cold water will:

- reduce energy costs 80 - 90%
- be gentler on your clothing
- have less impact on the environment

Any questions, comments or suggestions for future newsletters, please email babagnato@optonline.net

WEB SITES FOR MORE IDEAS

- www.eartheasy.com
- www.stopglobalwarming.org
- www.myfootprint.org
- <http://climate.weather.com/>
- ww2.earthday.net

